**Stephen Hepple**

MB ChB FRCS (Eng) FRCS (Orth)

# **Curriculum Vitae**

June 2022

## **Personal Details**

### Name Stephen Hepple

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Date of Birth 21st December 1967

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Nationality British

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Undergraduate MB ChB University of Sheffield 1991

Qualification

Postgraduate FRCS Royal College of Surgeons of England 1995

Qualifications FRCS (Trauma & Orthopaedics) London 2000

GMC No. 3475384

#### Professional

#### Bodies Royal College of Surgeons 31122

### British Orthopaedic Association Member

British Orthopaedic Foot Surgery Society Member

Current Position Consultant Orthopaedic Surgeon

North Bristol NHS Trust

Appointment 1st October 2002

Also Practicing at The Glen ‘Hospital

Redland Hill Bristol

**Significant Positions of responsibility**

2002 – current Director and practicing member of the Sport & Orthopaedic Clinic-Bristol

2021- current Trustee British Orthopaedic Foot and Ankle Society

2022- BOA medicolegal committee

2017-18 President British Orthopaedic Foot and Ankle Society

2014-2017 Clinical Director of musculo-skeletal department at North Bristol NHS trust responsible for day to day running of the major Orthopaedic unit in Bristol

2009 - 2015 Treasurer to British Orthopaedic Foot & Ankle Society

A subspecialist society with close to 500 members. As treasurer I sit on the executive council and am actively involved with all education, research and financial decisions of the society

2004-2014 Member of AO teaching faculty,

A world recognized educational organsiation

responsible for setting standards in orthopaedic trauma.

**Experience**

Trauma

I have a broad general training in the management of all musculoskeletal soft tissue and bony injuries. I am familiar with the current concepts of modern injury management in the UK. I have a current Advanced Trauma and Life Support certificate and have been trained in the advanced techniques of fracture management by the AO foundation – regarded as the worldwide authority in musculoskeletal injury.

My current practice involves one day per week in the management of all orthopaedic trauma at a busy tertiary referral centre serving a population in excess of 500,000 people. I lead the complex foot and ankle clinic that deals with the management of complex and/or delayed trauma. I am responsible for training students & doctors in training at all levels up to specialist registrar.

Orthopaedics

My NHS and private practice consists entirely of the assessment & treatment of disorders in the foot & ankle. This sub specialty has developed from experience and fellowships in Bristol, Brisbane and Dallas.

I see in excess of 1000 new foot & ankle referrals per year and operate on approximately 400-500 cases per year.

I am proficient in all standard orthopaedic procedures in foot and ankle surgery and have specialist experience in arthroscopic surgery of the ankle as well as total ankle replacement.

Sports Injuries

I have extensive experience in the management of sports injuries both in the general population and in athletes. In my private practice at the Sport & Orthopaedic Clinic in Bristol I regularly assess acute and chronic sports injuries in professional athletes. I am the nominated foot and ankle expert for Gloucestershire Country Cricket Club and have seen and treated several rugby and football players from the local professional teams.

I have lectured on several sports injury course both locally and nationally including to the annual meeting of the Football Association medical staff. I have published several papers as listed on the management of ostecohondral lesions, a frequent sporting related injury and the use of arthroscopy in acute injuries in the ankle.

Medico Legal

I have performed reports for medicolegal purposes since 1998.

Currently I see and report on approximately 100 personal injury clients per year. My practice in the last year has been split 40% claimant & 60% defendant. My reports are Wolfe compliant and conform to appropriate legislation regarding such reports.

I undertake negligence work in foot and ankle cases only and currently undertake approximately 75 screening reports (mainly defence) and 30-40 full reports per year 60% defence. I have attended court 8 times over the last 4 years.

I have attended several conferences organized by the British Orthopaedic Association regarding the preparation of such reports

**Regular Teaching Commitments**

BOFAS Principles Course

Regular contributor and course director in October 2017

Bristol Advanced Arthroscopy Course

Yearly course Co-covenor and faculty last 4 years

AO teaching faculty

Each year I teach on the AO foot & ankle injury course. Both courses are aimed at trainee orthopaedic surgeons to help them establish sound principles of the management of basic and complex fractures.

Stanmore Foot & Ankle Course

A yearly course aimed at senior orthopaedic trainees with a specialist interest in foot & ankle surgery. Each year I attend to deliver at least one lecture.

Guilford arthroscopy course

An advanced techniques course for experienced surgeons wishing to develop skills in advanced ankle and foot arthroscopy. I have been a senior faculty member for 6 years

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Educational Supervisor

I supervise on a day to day basis the training of one registrar and two junior level orthopaedic trainees.

## **Publications**

**Combination subcapital and intertrochanteric fractures of the femoral neck**

PRP Taylor, S Hepple & D Stanley

*Injury*1996;27:68-71

**Madura Foot - a leading article**

S Hepple, N Harris, TWD Smith

*The Foot* 1997;7:176-9

**Odontoid peg fracture and Paget’s Disease**

S Hepple, CJM Getty, DL Douglas

*Injury* 1998;29:323-325

**Bowling finger**

S Hepple

*BMJ* 1998;317:154

**Lateral ligament injuries and osteochondral injuries of the talus in MRI scanning of the hindfoot**

S Hepple, IG Winson, D Glew

*Foot & Ankle International* 1998;19:501

**Osteochondral lesions of the talus. Incidence and size with relation to possible differences in treatment**

S Hepple, I Finlay, IG Winson, D Glew

*JBJS* 1998;80B supp III: 252

**Hindfoot alignment. Normal values and relevance to tibio-talo-calcaneal arthrodesis.**

S Hepple, N Doling, IG Winson

*JBJS* 1998;80B supp III: 251

**MRI imaging of osteochondral lesions of the talus - a new classification**

#### S Hepple, IG Winson, D Glew

*Foot & Ankle International* 1999;20:789-794

**Early immune response to frozen gamma irradiated bone graft**

S Hepple, A Hamer, I Stockley, AP Weetman

*JBJS* 1999;81B supp II:151

**Outcome of ankle fractures in elderly patients**

R Buckingham, S Hepple, IG Winson

*Foot & Ankle Surgery* 2000;6:175-8

**Early results of acute THR for acetabular fracture**

#### S Hepple, AJ Ward

*JBJS* 2001;83B supp II:119

**Early to Medium term results of hindfoot fusion using intramedullary nailing**

#### R Hammett, S. Hepple, WJ Harries, IG Winson

JBJS 2004 84B supp

[**Tibiotalocalcaneal arthrodesis with a curved, interlocking, intramedullary nail.**](http://www.ncbi.nlm.nih.gov/pubmed/21189210)

Budnar VM, Hepple S, Harries WG, Livingstone JA, Winson I.*Foot Ankle Int. 2010 Dec;31(12):1085-92.*

[**Fixation of ankle fragility fractures by tibiotalocalcaneal nail.**](http://www.ncbi.nlm.nih.gov/pubmed/18270721)

Amirfeyz R, Bacon A, Ling J, Blom A, Hepple S, Winson I, Harries W.

*Arch Orthop Trauma Surg. 2008 Apr;128(4):423-8. Epub 2008 Feb 13.*

[**Clinical tip: semi-prone position for Achilles tendon surgery.**](http://www.ncbi.nlm.nih.gov/pubmed/17923065)

Odutola A, Clarke A, Harries W, Robinson S, Hepple S, Soar J.

*Foot Ankle Int. 2007 Oct;28(10):1104-5.*

[**Bone graft harvest from the proximal tibia in foot and ankle arthrodesis surgery.**](http://www.ncbi.nlm.nih.gov/pubmed/17144952)

Whitehouse MR, Lankester BJ, Winson IG, Hepple S.

*Foot Ankle Int. 2006 Nov;27(11):913-6.*

[**Tibiotalocalcaneal (hindfoot) arthrodesis by retrograde intramedullary nailing using a curved locking nail. The results of 52 procedures.**](http://www.ncbi.nlm.nih.gov/pubmed/16221452)

Hammett R, Hepple

*Foot Ankle Int 2005 Oct;26(10):810-5*

[Extended plantar limb (modified) chevron osteotomy versus scarf osteotomy for hallux valgus correction: A randomised controlled trial.](https://www.ncbi.nlm.nih.gov/pubmed/27301730)

Mahadevan D, Lines S, Hepple S, Winson I, Harries W.

Foot Ankle Surg. 2016 Jun;22(2):109-13. doi: 10.1016/j.fas.2015.05.012.

[Complications after revision surgery of malreduced ankle fractures.](https://www.ncbi.nlm.nih.gov/pubmed/24795206)

Bigsby E, Cowie S, Middleton RG, Kemp M, Hepple S.

J Foot Ankle Surg. 2014 Jul-Aug;53(4):426-8. doi: 10.1053/j.jfas.2014.02.012.

[The role of ankle arthroscopy in acute ankle injuries of the athlete.](https://www.ncbi.nlm.nih.gov/pubmed/23707172)

Hepple S, Guha A.

Foot Ankle Clin. 2013 Jun;18(2):185-94. doi: 10.1016/j.fcl.2013.02.001. Epub

[Ground Reaction Force Calcaneal Offset: A new measurement of hindfoot alignment.](https://www.ncbi.nlm.nih.gov/pubmed/22325996)

Lintz F, Barton T, Millet M, Harries WJ, Hepple S, Winson IG.

Foot Ankle Surg. 2012 Mar;18(1):9-14. doi: 10.1016/j.fas.2011.01.003. Epub

[The symptomatic adult flatfoot: Is there a relationship between severity and degree of pre-existing arthritis in the foot and ankle?](https://pubmed.ncbi.nlm.nih.gov/32135346/)

Al-Hourani K, Mathews JA, Shiels S, Harries W, **Hepple S**, Winson I.Foot (Edinb). 2020 Jun;43:101664. doi: 10.1016/j.foot.2020.101664. Epub 2020 Jan 28.

[A randomised, multi-centre trial of total ankle replacement versus ankle arthrodesis in the treatment of patients with end stage ankle osteoarthritis (TARVA): statistical analysis plan.](https://pubmed.ncbi.nlm.nih.gov/32070409/)

Muller P, Skene SS, Chowdhury K, Cro S, Goldberg AJ, Doré CJ; TARVA Study Group.Trials. 2020 Feb 18;21(1):197. doi: 10.1186/s13063-019-3973-4.

[Platelet-rich plasma in Achilles tendon healing 2 (PATH-2) trial: statistical analysis plan for a multicentre, double-blinded, parallel-group, placebo-controlled randomised clinical trial.](https://pubmed.ncbi.nlm.nih.gov/30157940/)

Schlüssel MM, Keene DJ, Wagland S, Alsousou J, Lamb SE, Willett K, Dutton SJ; PATH-2 Trial Study Group.Trials. 2018 Aug 29;19(1):464. doi: 10.1186/s13063-018-2840-z.

## **Books**

**Surgery of the Elbow**, Edited by D. Stanley and NR Kay: *Arnold* publishers

(Sub Editor S Hepple)

**Clinical Trials**

Principal Investigator for Southmead Hospital;

**AIM trial** – NIHR study of contact casting versus surgery in elderly ankle fractures. Study completed and published.

**PATH-2 Trial** – NIHR study of effect of PRP in healing of Achilles tendon ruptures. Complete and published.

**TARVA Trial** – NIHR study of ankle replacement versus arthrodesis. Recruitment ongoing – complete and early results published.

INFINITY TAR Cohort study – Multicentre follow-up of 500 Infinity TARs – 1 year results published